

# MAGGIE KLINE - PARIS

### "Trauma through a Child's Eyes"

## 3 day Playshop 7 – 9 June 2019

#### **BIOGRAPHY**

Maggie Kline Family Therapist, School Psychologist, Somatic Experiencing International Faculty Member is co-author with Peter Levine of *Trauma through a Child's Eyes* and *Trauma-Proofing Your Kids*.

#### **TRAINING**

Her background is in humanistic, family systems and Gestalt therapy with additional training in various body-based modalities. Maggie specializes in Somatic Experiencing (S.E.), a physiologically based trauma treatment; she has also studied BODYNAMICS and EMDR. Maggie integrates S.E. with dream work and art with adults and, also adds play therapy and games when working with children. She is a senior instructor for the Somatic Experiencing Trauma Institute (<a href="www.traumahealing.org">www.traumahealing.org</a>) and teaches in the U.S., Asia and Australia.



#### **PRACTICE**

Certified couple, family and child therapist, she has had a practice in Long Beach in California for over 30 years.

She created "Conscious Connections" and "Trauma through a Child's Eyes", PlayShops that include attachment repair.

Maggie led the first team of volunteers to use SE in Thailand after the Southeast Asian Tsunami of 2004 and conducted a public workshop after the Norwegian massacre in 2011. Maggie has presented at Play Therapy and Trauma Conferences in the U.S. and in Europe. She is the co-author of *It Won't Hurt Forever--Guiding Your Child through Trauma* (Mothering Magazine, Jan-Feb 2002), *Trauma through a Child's Eyes--Awakening the Ordinary Miracle of Healing* (North Atlantic, Berkeley, 2007 and *Trauma Proofing Your Kids—A Parents' Guide to Instilling Confidence, Joy and Resilience*, March, 2008— all with Dr. Peter Levine. Maggie's latest project was the completion of 15 video interviews produced and offered free to parents by <a href="https://www.kidsinthehouse.com">www.kidsinthehouse.com</a> (2013) to help children cope with trauma and grief.



#### The Workshop:

A 3-day workshop to teach professionals how to help children reorganize and rebalance the autonomic nervous system at the biological/survival level after being overwhelmed following a traumatic or stressful event(s). Maggie will teach participants how to use games, play activities and art integrated with the fundamentals and through the lens of Somatic Experiencing® to facilitate change, restore protective/defensive impulses and to increase the capacity for healthy social engagement.

This Playshop is open to practitioners of Somatic Experiencing and students in training in Somatic Experiencing but also to those who wish to deepen their understanding of how to work with the inner child in adults. It will enrich the work of professionals aiming to integrate the basic concept of Somatic Experiencing when working with children.

#### **This Workshop Features:**

- Ages and stages of development from a somatic perspective
- Repair of early trauma and attachment to facilitate self-regulation through social engagement
- Activities to promote grounding, sensory awareness and tracking skills with children and teens
- Integrating principles of SE with art activities to promote safety, titration and pendulation
- Turning games into SE activities with charge/discharge cycles that assist kids with tracking, orienting, fight/flight, boundary-setting, settling and integrating their arousal states
- Teach games and activities used in post-disaster settings

Material is useful for professionals who wish to integrate the core concepts of SE when working with kids, as well as those wishing to deepen their understanding of inner child work with adults. The format for learning will be a mixture of lecture, video material, and experiential activities.

This workshop is designed to teach you new skills while having fun!!!

The Playshop will be in English and translated into French.

It is open to practitioners and students in training in Somatic Experiencing.

CEFORT, the Somatic Experiencing training Institute agrees to credit practitioners with the equivalent of 2 hours of supervision (reminder: 3 hours group supervision = 1 validated hour)

Inquire with the Somatic Experiencing Association in your country, whether this workshop will be credited as supervision.



### Schedule and prices for registration

Schedule: 10.00 - 12.30 / 14.30 - 18.00

#### PRICE:

- Registration **before 30/01/2019**: to be paid in full

- Members of APFSE: 510 € Non Members: 540 €

The Post Office stamp will validate the date of posting.

- Registration after 30/01/2019 : A 100 € deposit to be sent /transferred with the Registration form and the balance to be paid before 15 May 2019 :

- Members of APFSE : 570 € Non Members : 630 €

The REGISTRATION FORM and cheque (only on a French bank) with the full amount of the workshop price if paid before the 30/1/2019

A 100 € deposit to be paid if registration after 30/1/2019 and the balance due by 15 May 2019 at the latest.

Send cheque (only on a French bank) made out to the order of A.P.F.S.E. to: NINA HUTCHINGS – 18 Cours Gambetta, 13100 AIX-EN-PROVENCE Contact Mail: contact@methodebates.fr

If you wish to make payment by **bank transfer**, please request the bank details by sending an email to <a href="mailto:contact@methodebates.fr">contact@methodebates.fr</a>

All deposits paid are not reimbursable except in the case of « force majeure » as indicated in the Article 1148 of the French Civil Code.